



# CONTENT GUIDE

**Teachers, Parents,  
and Educators**

By Ayten Nihal Cengiz



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## Ninety-Nine

### Discussion

- What does Az-Zahir mean?
- Where can we see Allah’s signs?
- How can noticing Allah’s signs increase our love for Him?

### Activity

Provide each student with three Post-it notes. Ask them to write or draw three signs of Allah that they notice in their daily lives. Designate a classroom wall or section of the whiteboard as the “Reflection Wall,” and invite students to place their notes there.

## The Prophet’s Kindness

### Discussion

- Why did the Prophet (pbuh) stop his sermon?
- What does this action teach us?
- How can we become more compassionate and understanding?

### Activity

Students split into groups and make their own pulpit. They can use cardboard, foam, or even just paper. Then they can decorate it with Ramadan illustrations like stars and moons, or color it creatively.

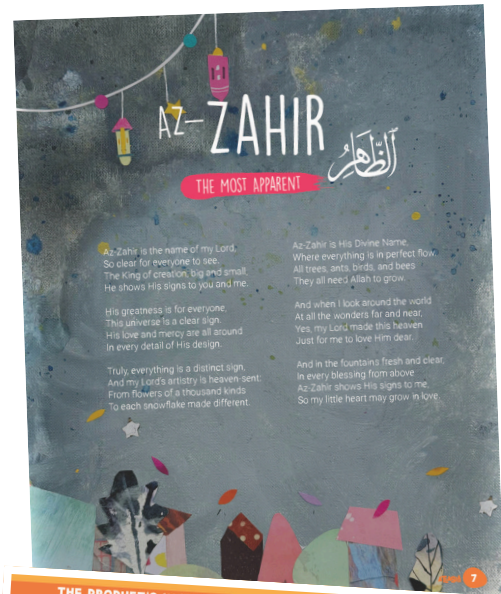
## Anti-Boredom Corner

### Discussion

- How does Ramadan help us spend more time with our family and loved ones and grow closer to them?
- How can keeping a Ramadan kindness jar or a good deed tracker bring us closer to Allah?

### Activity

Students decorate a small paper jar and fill it with kind deeds such as helping set the table, smiling at someone, or reading Qur’an. Then, everyone picks one kindness mission each day.



## Sultan's Ramadan Mystery

### Pre-Reading

- What changes happen in your house during Ramadan?
- How might Ramadan seem strange to someone who doesn't understand fasting?

### Discussion

- Why was Sultan confused at first?
- Do you remember how you felt when you first woke up for suhoor?
- According to Sultan's observations, what changes happened in the house during Ramadan? How did Sultan feel about it?
- What does fasting teach us?

### Activity

Students imagine Ramadan from another perspective:

- A pet
- A younger sibling
- A neighbor
- Someone visiting a masjid for the first time

Students write or draw: "Ramadan looks like..."

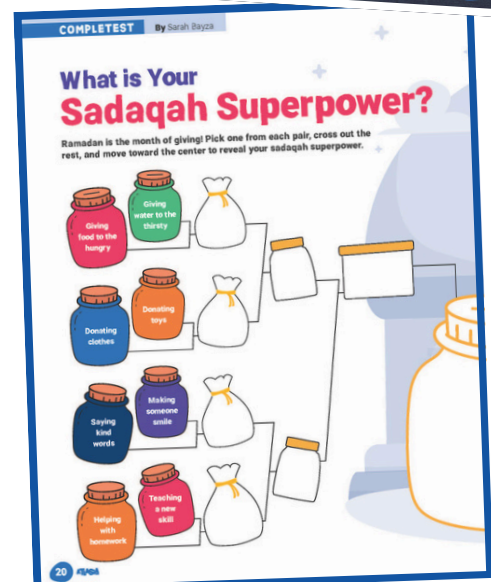
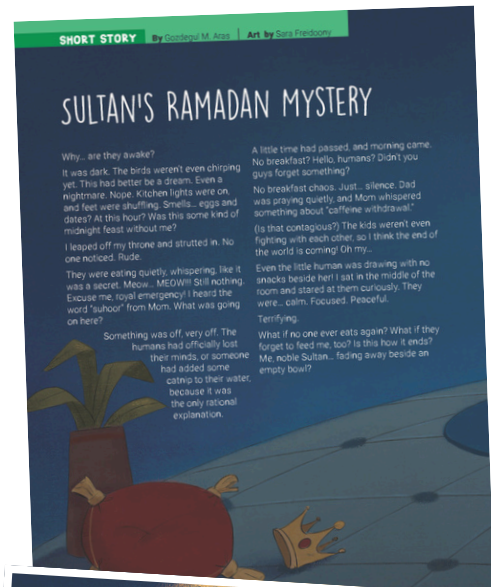
## CompleteTest

### Discussion

- What does sadaqah mean?
- Is giving money the only form of sadaqah?
- How else can we give sadaqah besides money?

### Activity

Create a class sadaqah jar. Prepare small coin-shaped papers with a sadaqah or good deed written on each one (you can use round-cut paper or small notes). Explain that each day when students come to class, they will read through the cards and drop one into the jar after completing that good deed.



## Diary of Layla

### Pre-Reading

- Do you have any goals for this Ramadan?
- What makes suhoor feel special?

### Discussion

- How is Layla’s suhoor similar to yours?
- Layla and her family invite their non-Muslim neighbors to iftar.
- What does this make you think about the unifying power of Ramadan? How can this help people grow closer?
- What are some things we do as a community during Ramadan?
- How did Sami bring joy to fasting time?

### Activity

Students create their own Ramadan countdown sign with:

- A dua
- Decorative lanterns or stars
- A reminder about patience (sabr)

Then, reflect how Ramadan brings families and communities together.

## Find It If You Can

### Discussion

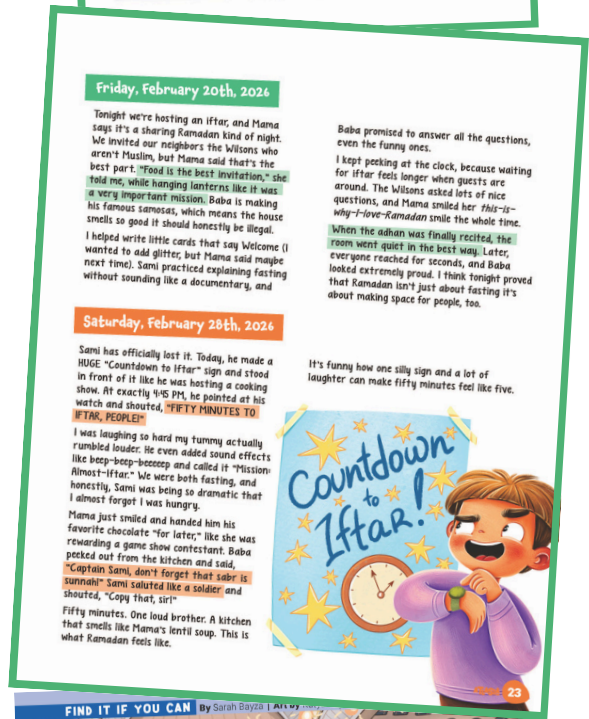
- What are some rules we should follow in the masjid? Why are they important?
- Have you ever attended Tarawih prayer in a big masjid?

### Activity

Students study the scene carefully and list:

- Quiet moments
- Acts of kindness
- Different emotions they notice

Then, they can draw their own peaceful masjid scene.



## Ramadan Science

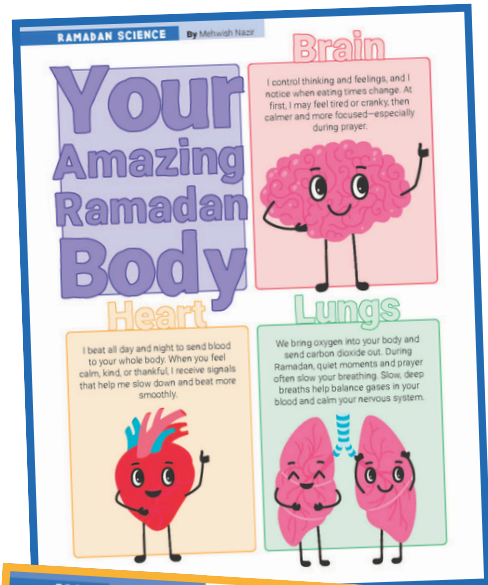
### Discussion

- How does the body adapt during fasting?
- Why is rest, hydration, and healthy eating important?
- How did Allah design our bodies with balance?

### Activity

Students label body parts and write:

- One thing each part helps them do
- One way to care for it during Ramadan



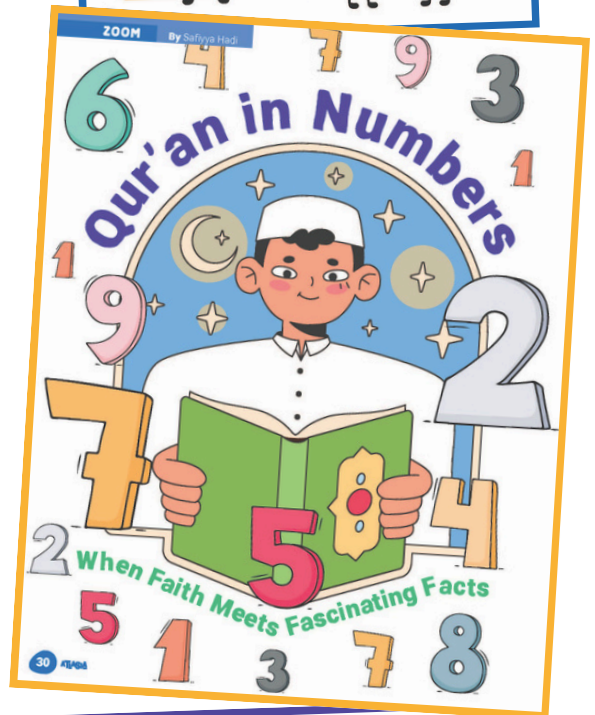
## Zoom: Qur'an in Numbers

### Pre-Reading

- Have you ever noticed patterns in nature or numbers?
- Why do you think the Qur'an has such balance and structure?

### Discussion

- What does it teach us that the Qur'an was revealed over 23 years instead of all at once?
- Why are certain themes, like mercy, repeated so often in the Qur'an? How can repetition help us understand something better?
- What do the number patterns and structure of the Qur'an show us about it?



## The Last Ten Nights

### Discussion

- Why are the last ten nights so special?
- What is Laylatul Qadr?
- Why do small deeds matter greatly on this night?

### Activity

Invite students to reflect on their feelings about Laylatul Qadr and Ramadan in general. Ask them to complete the sentence: "I feel \_\_\_\_\_ during Ramadan because \_\_\_\_\_."



**Tech High5**

**Discussion**

- How can we use technology to grow spiritually?
- What does “digital balance” mean during Ramadan?
- How can technology become a distraction during this month?

**Activity**

Students sort examples into:

- Helps my Ramadan
- Distracts my Ramadan

**Surah Spotlight**

**Discussion**

- Why is Laylatul Qadr called the Night of Power?
- What makes one night better than a thousand months?
- How does peace come from remembering Allah?

**Activity**

Students draw or write:

- What peace feels like
- What they imagine Laylatul Qadr to be like

Then complete:

“One small good deed I can do tonight is...”

**I was There...**

**Discussion**

- What makes Ramadan nights in Egypt special?
- Why do Muslims around the world celebrate Ramadan differently?

**Activity**

Students create a mini passport page for Egypt including: One famous landmark, one Ramadan tradition, one food, and one interesting fact.

**TECH** By Zain Rashid

# TechHigh5

Being a Muslim is something we commit ourselves to for 12 months. But there is a special month in between that refreshes us... Check out these five things that can help you make the most of Ramadan!

## 5 SMART WAYS TO MAKE THE MOST OF RAMADAN

**Smart Prayer Rug**

You want to pray correctly but are confused? Maybe the smart prayer mat can help you.

It autoplays when you stand at the right spot, and recites the appropriate dua as you move into each position.

You can try it to learn surahs and duas and practice salah this Ramadan.

**Dhikr Ring**

- All the acts of worship we do with our tongue, heart and body are dhikr.
- Sometimes we recite tasbeeh to mention the name of Allah verbally.
- You can use a dhikr ring to keep track of the number of tasbeehs.

**Qur'an Reading Pen**

Ramadan is the month of the Qur'an. So, how about trying the pen that reads the Qur'an?

When you touch any ayah, surah or page in the Qur'an that comes with the pen, the pen starts reading aloud.

You can learn how to read and also get a translation with different language support.

**Try Your Best, Even if It's Small:**  
A short dua or sincere prayer means a lot on this night.

**Picture This:**  
Imagine the world becoming extra quiet and calm. Angels are gently traveling down from the sky, carrying peace and Allah's commands. Homes filled with dua glow brighter than stars. That's the feeling of Laylatul Qadr—a night full of light you can't always see but can feel.

# QADR

I'm staying up for this night—it only comes once a year.

**Peace Comes from Allah:**  
True calm comes when we turn our hearts toward Him.

**A NIGHT OF POWER PRAYER**

Oh Allah, on this special night, Fill my heart with peace and light. Forgive my sins, both big and small, And keep me close to You through all.

**I WAS THERE...**

## I WAS THERE... IN EGYPT!

Ramadan Mubarak, explorers! It's me, **Skylar the Stork**, and this time I flapped my wings all the way to Egypt—a land of golden deserts, mighty rivers, and magical Ramadan nights. Come soar with me!

**Pyramids Bigger Than My Wings!**

I tried circling the Great Pyramids, but wow—these stone giants are HUGE! They've been standing for thousands of years, watching the sun rise and set. I landed nearby and imagined how busy this place once was. Squawk-tastic!

**Ramadan Nights in Cairo**

When evening came, Cairo changed! Lanterns sparkled, mosques glowed, and families gathered for iftar. I heard the call to prayer echo through the streets and saw people sharing food with neighbors and guests. My heart felt full—no breadcrumbs needed!

**DID YOU KNOW?**

- Egypt is home to the Great Pyramids, one of the Seven Wonders of the Ancient World.
- The Nile River is one of the longest rivers on Earth and brings life to the land around it.
- Cairo is one of the biggest cities in Africa—and it never seems to sleep.
- During Ramadan, streets glow with colorful lanterns called fanous.
- Egyptians love sharing dates, soup, and smiles at iftar time.

**WHAT'S FOR DINNER?**

- **Ful Medames** – Warm, tasty fava beans enjoyed especially at suhoor.
- **Dates & Lentil Soup** – A classic, cozy way to break the fast in Ramadan.



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