



CONTENT GUIDE

**Teachers, Parents
and Educators**



September 2025 ISSUE

Set the Tone and Intention

Read Aloud

Begin with Bismillah. Remind students that learning about the Prophet (pbuh) is a way of loving him more and trying to follow his Sunnah.

Preview the Issue

Show the cover. Ask:

- What do you think this issue is about?
- Why do you think the Prophet (pbuh) is called a light for the world?
- Which Sunnah do you already know or practice?

Make a quick class Sunnah checklist and keep adding to it as you go through the magazine.

Weekly Calendar Idea

On the board, write the days of the week and assign a Sunnah activity for each:

- Monday: Smile at three people today.
- Tuesday: Help a parent at home without being asked.
- Wednesday: Write down a dua before bedtime.
- Thursday: Share food with someone.
- Friday: Wear clean clothes and smell good for Jum'ah.

Review at the end of the week which Sunnahs students practiced.

The Path He Walked (Poem)

Discussion

- What simple actions of the Prophet (pbuh) are in this poem? (smiling, saying Salam, walking gently).
- How does imagining his footsteps make you feel?



Activity

Make a "Footsteps Banner": cut out paper footprints, write one Sunnah on each, and tape them around the classroom walls as "steps" toward good character.

Play Like in Medina

Discussion

- Which game sounded most fun?
- Why did the Prophet (pbuh) remind kids to play kindly?

Activity

Pick one traditional Medina game (like Running Races or Nut Game) and play it together. Compare how kids play similar games today.

The Boy and the Date Tree

Discussion

- Why was Rafi' throwing stones at the tree?
- How did the Prophet (pbuh) respond?
- What lesson can we learn from this?

Activity

In groups, create a short role-play of a new situation that shows how kindness can guide someone to make a better choice.

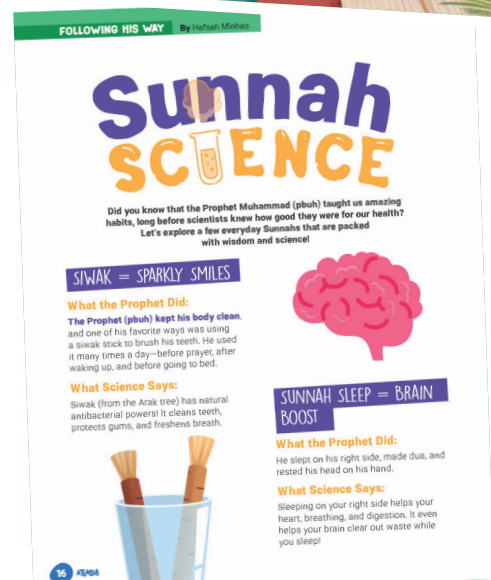
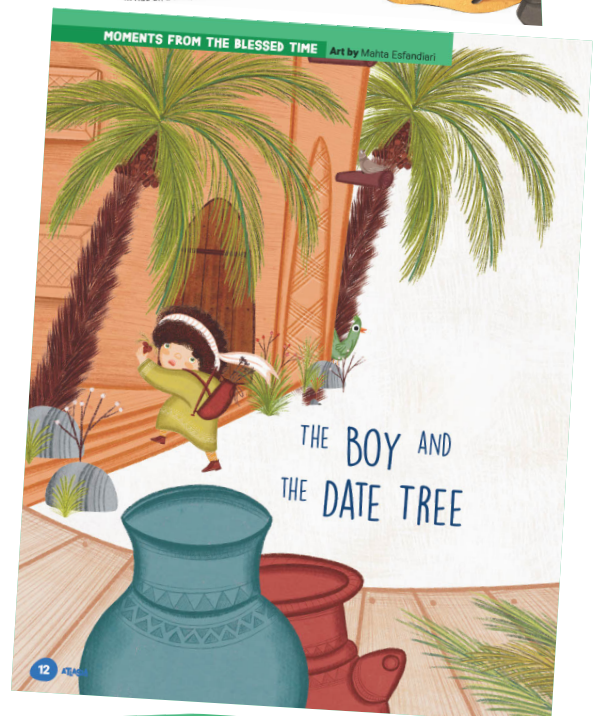
Sunnah Science

Discussion

- Why do you think wudu makes us calm?
- What happens to our body when we eat too much?

Activity

Create a Sunnah & Science Poster. Divide the page in two columns: **Column 1:** Sunnah habit (wudu, siwak, sleeping on right side). **Column 2:** What science says. Let students decorate with drawings or symbols.



Everyday Sunnah Hero

Activity

Run the quiz in small groups. After scoring, ask each group to come up with a “Sunnah Challenge” for the week (e.g., saying Bismillah before meals, greeting classmates first).

Diary of Layla

Discussion

- How did Layla and Sami help Auntie Iqra?
- Why is being a good neighbor a Sunnah?
- Sami surprised Layla with a thoughtful question in his letter. What’s a deep question you would like to ask?
- At the Sirah Fair, Layla and Sami made a banner that said ‘Follow the Sunnah – Spread the Light.’ What message would you put on your own banner?
- What’s one Sunnah you would like to practice more often at home or school?

Activities

Write a “Letter to the Prophet” (like Layla and Sami did). Decorate it with stars or borders.

Organize a classroom “Help & Share Day”: bring something small to share with friends (a toy, a snack, or even a kind word).

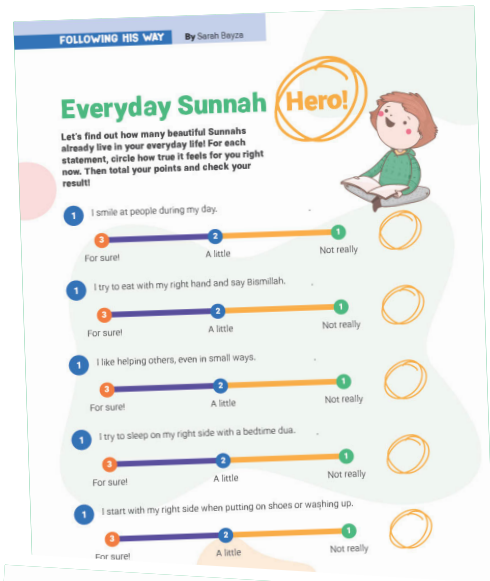
If Muezza Could Speak

Discussion

- How did the Prophet (pbuh) treat animals?
- What can we learn from Muezza’s story?

Activity

Draw or craft your own “Kindness to Animals” badge. Students wear it when they do an act of kindness toward animals or the environment.



Game of Sunnah

Play the board game together. Afterwards, ask:

- Which action was easiest for you?
- Which was the funniest or most surprising?

Extension: Make a mini-class competition: students earn points during the week for real-life Sunnah actions.

Zoom: Like the Prophet

Pre-Reading

- What qualities made the Prophet (pbuh) loved by everyone?
- Do you know someone in your life who reminds you of one of his qualities?

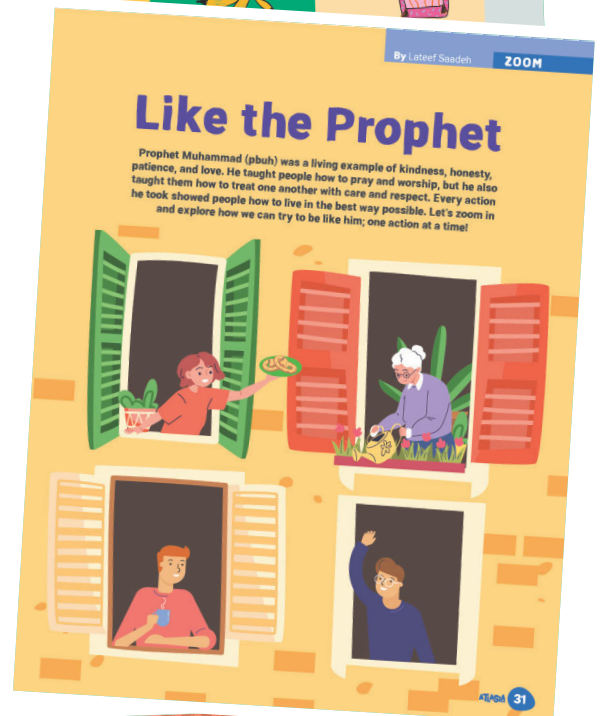
Discussion

- How can we practice speaking more kindly at home or with friends?
- Why is forgiveness sometimes hard, and why is it still important?
- The Prophet (pbuh) cared about the poor and orphans. What are simple ways we can care for others even if we don't have money to give?
- He smiled often. Do you think smiling can actually change someone's day? Why?
- If someone asked you: 'Why do you love the Prophet (pbuh)?' – what would you say?

Activity

After the discussion, let students pick one quality of the Prophet (pbuh) they want to practice during the week (e.g., honesty, helping, forgiving).

Have them share their choice out loud and write it on a class poster titled "This Week We Will Be Like the Prophet".



Catch Me If You Can

Discussion

- Why did the Prophet (pbuh) play chase with his grandson?
- How can we show love to younger siblings or cousins?

Activity

Organize a friendly running race. The prize: a group hug or sticker instead of candy—just like the Prophet gave hugs instead of sweets.

Surah Spotlight: Surah Muhammad

Discussion

- Why is this Surah special? (Named after the Prophet).
- How can we "stand for truth" like he did?
- How can we stand for truth in small, everyday situations — like in school, at home, or with friends?
- Sometimes telling the truth is hard. What helps you to be brave and honest?
- What are some examples from the Prophet's life where he stood for truth, even when it was difficult?
- Why do you think patience is mentioned along with truth in the Qur'an?

Activity

Make a Class Dua Scroll. On a long paper roll, each child writes a dua starting with: "Oh Allah, help me follow the Prophet in ..." Decorate and hang in the classroom.





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