



# CONTENT GUIDE

**Teachers, Parents  
and Educators**



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## Cover

### Discussion:

- "We are on the Xth day of Ramadan! How has your Ramadan been so far?"
- "What is your favorite thing about Ramadan?"
- Draw attention to the cover image and ask: "How can we decorate our homes for Ramadan? Have you decorated your home?"

## Moments of the Month

### Read Aloud:

Examples from the calendar:

- "Take food to a food bank."
- "Visit someone who is sick or give them a call."
- "Say Salam to a stranger."

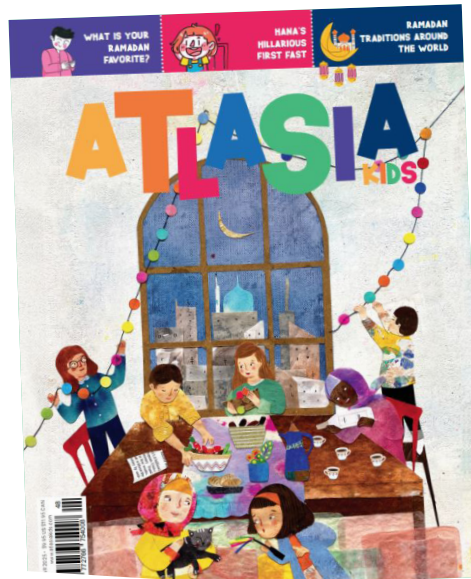
### Discussion:

- "How do you think these activities are connected to Ramadan?"
- Highlight how the calendar emphasizes kindness, charity, and strengthening relationships.

## Ninety - Nine

### Pre-Reading:

- "Have you ever felt safe when you were scared?"
- "Who helped you feel better?"
- "What does 'protection' mean?"



- "Can you think of ways you are protected every day?"
- Introduce the Name Al-Muhaymin: "What do you think it means that Allah watches over and keeps us safe?"

### Discussion:

- "How does this poem show that Allah protects people? Can you find some examples?"
- "The poem talks about Musa's mother, the People of the Cave, Maryam, and Hajar. What do they have in common? How did Allah take care of them?"

## The Prophet's Kindness

### Pre-Reading:

- Read the title aloud: "Today, we will listen to the memories of a Ramadan evening from the time of our Prophet (S.A.W.)."
- "What do you think this Ramadan evening will teach us?"

### Discussion:

- "What did the Prophet (S.A.W.) usually break his fast with?"
- "How do you think an ideal Ramadan evening was for him?" (He spent it in worship.)

## Hana's Hilarious First Fast

### Pre-Reading:

- "Now, we will hear Hana's funny memories of her first fast!"
- "How was your first fast? What is the most memorable thing about it?"

### Discussion:

- "How did Hana's first day of fasting start?"
- "Why was Hana curious about sunset time?" (Because Muslims break their fast at sunset.)
- "Have you ever heard stories from your grandparents about how Ramadan was in their time? What was different back then?"
- "How did Hana's first fasting day go? What helped her, and what did she learn?"

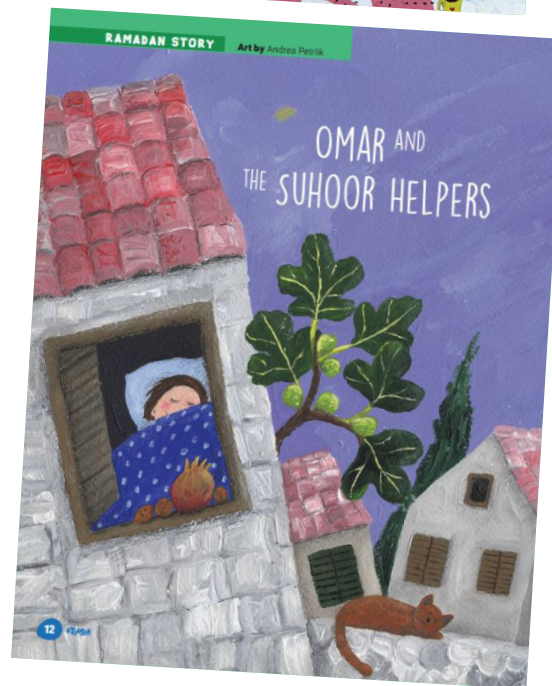
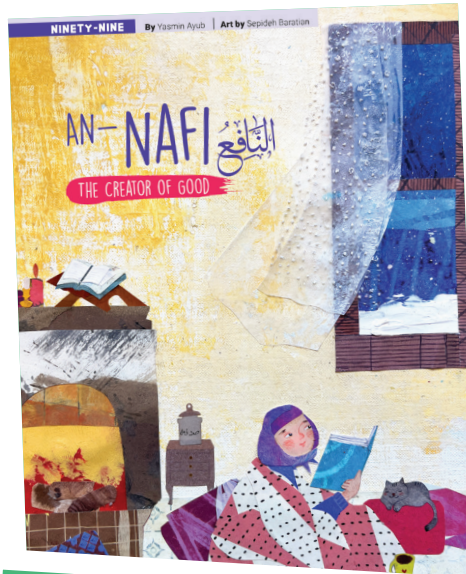
### Activity:

- Think about your first fast and create a short comic strip where you are the main character!

## Omar and the Suhoor Helpers

### Pre-Reading:

- "Now, we will read about a mysterious and exciting event that happened to a boy named Omar on a Ramadan night."



- "Before we start reading, who do you think Suhoor Helpers might be? What do you think their job is?"

### Discussion:

- "What was Omar worried about at the beginning of the story?" (That people wouldn't wake up for suhoor.)
- "Who was the mysterious character that chose Omar as a Suhoor Helper? And what did they do together?"

- Share the tradition of Ramadan drummers in countries like Türkiye.
- "How do you wake up for suhoor?"
- "What lesson did Omar learn from this adventure?"

### Activity:

- Read the message inside the blue balloon and assign them a special mission: For one day, they will be Suhoor Helpers!
- They can wake up family members and help set the suhoor table.

## What's Your Ramadan Favorite?

### Discussion:

- "Can you give a few examples of things you do during Ramadan?"
- "What can we do to strengthen our friendships and help others during Ramadan?"



After everyone finds their favorite activity in the quiz, let them compare and discuss.

### Activity:

Create a "Good Deeds" board in the classroom. Throughout Ramadan, let students add their good deeds. Reflect weekly on how the board fills up!

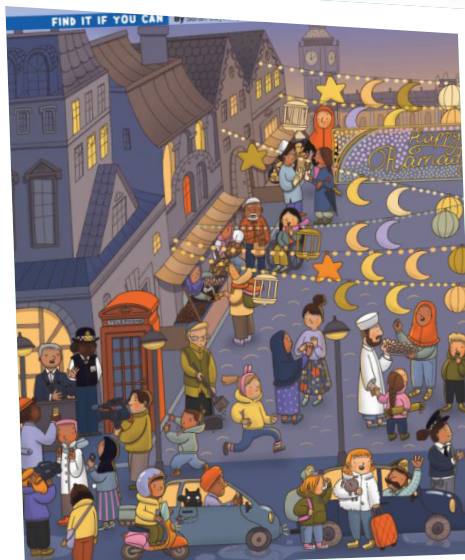
## Diary of Layla

### Pre-Reading:

- Summarize Layla's week: "Just like you, Layla is welcoming Ramadan and sharing her fasting and Ramadan memories with us!"
- "Are you excited to hear about Layla's Ramadan experiences?"
- "Layla's mother says Suhoor is not just about filling your stomach. What else makes Suhoor special?" (Because it's about preparing your heart and mind.)

### Discussion:

- "Layla has three wonderful Ramadan goals. Can you name them?"
- Talk about Layla's Taraweeh experience and Laylatul Qadr.
- "One evening, Layla goes to the mosque to pray Taraweeh. There, the imam talks about a special night



called Laylatul Qadr. What do you know about this night?"

### Activity:

"Do you have any Ramadan goals? If you haven't written them down yet, let's fill our Ramadan journals!"

This month's recipe is Cheesy Baked Macaroni, a delicious, cheesy pasta dish baked to perfection!

Do you know which country is famous for macaroni? (Italy!)

### A brief history:

Macaroni is a type of pasta that originated in Italy and has been enjoyed for centuries. It became especially popular worldwide because of its versatility and delicious taste.

What's your favorite pasta dish?

Have you ever tried Cheesy Baked Macaroni before?

## Find It If You Can

### Discussion:

- Explain: "In different parts of the world, cities and streets are beautifully decorated for Ramadan."
- "This is Oxford Street. Can you point out the Ramadan decorations you see?"
- "Why do you think mutual respect among people of different religions and cultures is important?"

- Point to the cameramen in the top left of the picture.
- “What kind of video do you think they are filming?”

## Ramadan Letters: Letters from Around the World

### Pre-Reading:

- “Do you know which other countries celebrate Ramadan besides here?”
- Introduce that they’ll read letters from Atlasians in four different countries.

### Discussion:

- “What are the similarities between their traditions and ours?”
- “Have you ever tried any of their favorite Iftar dishes?”
- “What is your favorite Iftar meal?”

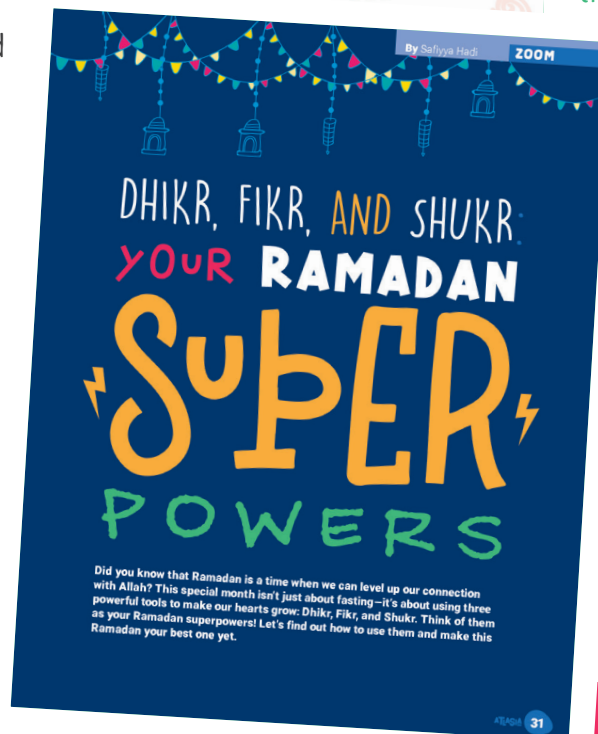
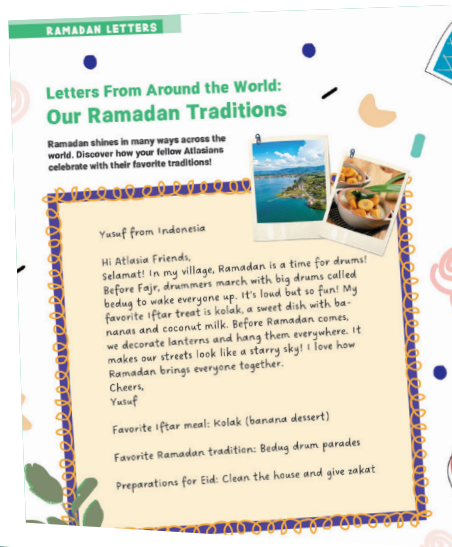
### Activity:

- Give each student colorful paper and ask them to write their own Ramadan letter.
- Invite them to send their letters to the email on the page to share with Atlasians around the world!

## Dhikr, Fikr, and Shukr: Your Ramadan Superpowers

### Pre-Reading:

- “In this section, we will learn about three amazing



tools. Does anyone know what Dhikr, Fikr, and Shukr mean?”

### Discussion:

- Dhikr: “When can we say Subhanallah? What things can we say it for?”
- Fikr: “Why is reflection important? Let’s reflect on things we see every day.”
- Shukr: “Can you name three things you are thankful for?”
- “What are three everyday things we should be grateful for?”

### Activity:

- Create a Ramadan Thank You Jar for the class.
- Students will add notes with things they are thankful for during Ramadan.
- Occasionally read the notes together to reflect on gratitude.

## Ramadan Alphabet

### Discussion:

- Highlight and explain concepts such as Zakat, Tarawih, Suhoor, virtue, etc.

### Activity:

- Ask everyone to read the part related to the first letter of their name.
- Then have them find something new related to a friend’s name.

- Invite them to share what they discovered aloud.

On Saturday, Layla's school had a parent-teacher meeting, and before that, the students had to clean up. At first, they thought it would be boring, but Layla came up with a fun idea!

## The Crescent's Ride

### Discussion:

- "Who is the narrator in this text and what are they saying?"
- "Which Ramadan traditions are mentioned in the poem?"
- "How does Saif compare the moon and Ramadan?"





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