

CONTENT GUIDE

Teachers, Parents and Educators

By Ayten Nihal Cengiz

March 2025 ISSUE



Cover

Discussion:

• "We are on the Xth day of Ramadan! How has your Ramadan been so far?"

• "What is your favorite thing about Ramadan?"

• Draw attention to the cover image and ask: "How can we decorate our homes for Ramadan? Have you decorated your home?"

Moments of the Month

Read Aloud:

Examples from the calendar:

- "Take food to a food bank."
- "Visit someone who is sick or give them a call."
- "Say Salam to a stranger."

Discussion:

• "How do you think these activities are connected to Ramadan?"

 Highlight how the calendar emphasizes kindness, charity, and strengthening relationships.

Ninety - Nine

Pre-Reading:

• "Have you ever felt safe when you were scared?"

· "Who helped you feel better?"

• "What does 'protection' mean?"







Salaam Atlasians,

The air feels different when Ramadan begins, doesn't it? The days are filled with warmth, kindness, and excitement, and the nights glo with prayer and reflection. There's something special about waking up before dawn for Sub breaking our fast with that first sip of water.

Ramadan isn't just a month—it's a time to grow closer to Allah and to one another: In this special Ramadan issue of Atlasia Kids, we explore the beauty of the bleased month. Well learn how fasting helps both our bodes and sould, the importance of sharing and giving, and how small acts of kindness can make a bit and giving, and how small acts of kindness can make a bit

> c) and control of mercy, let's remember that we enhance this month of mercy, let's remember that we good deed-whether a kind word, a helping hand, or a artfelt proyer—brings us closer to Allsh. May this Ramadan your heatt with light, your days with goodness, and your gits with peace.

 \cdot "Can you think of ways you are protected every day?"

• Introduce the Name Al-Muhaymin: "What do you think it means that Allah watches over and keeps us safe?"

Discussion:

• "How does this poem show that Allah protects people? Can you find some examples?"

• "The poem talks about Musa's mother, the People of the Cave, Maryam, and Hajar. What do they have in common? How did Allah take care of them?"

The Prophet's Kindness

Pre-Reading:

- Read the title aloud: "Today, we will listen to the memories of a Ramadan evening from the time of our Prophet (S.A.W.)."
- "What do you think this Ramadan evening will teach us?"

Discussion:

• "What did the Prophet (S.A.W.) usually break his fast with?"

• "How do you think an ideal Ramadan evening was for him?" (He spent it in worship.)



3

Hana's Hilarious First Fast

Pre-Reading:

• "Now, we will hear Hana's funny memories of her first fast!"

• "How was your first fast? What is the most memorable thing about it?"

Discussion:

• "How did Hana's first day of fasting start?"

• "Why was Hana curious about sunset time?" (Because Muslims break their fast at sunset.)

• "Have you ever heard stories from your grandparents about how Ramadan was in their time? What was different back then?"

• "How did Hana's first fasting day go? What helped her, and what did she learn?"

Activity:

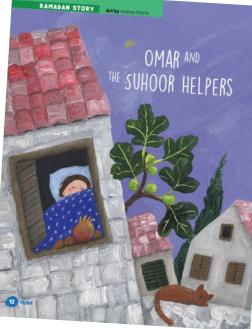
• Think about your first fast and create a short comic strip where you are the main character!

Omar and the Suhoor Helpers

Pre-Reading:

• "Now, we will read about a mysterious and exciting event that happened to a boy named Omar on a Ramadan night."







• "Before we start reading, who do you think Suhoor Helpers might be? What do you think their job is?"

Discussion:

- "What was Omar worried about at the beginning of the story?" (That people wouldn't wake up for suhoor.)
- "Who was the mysterious character that chose Omar as a Suhoor Helper? And what did they do together?"
 - Share the tradition of Ramadan drummers in countries like Türkiye.
- "How do you wake up for suhoor?"
- "What lesson did Omar learn from this adventure?"

Activity:

• Read the message inside the blue balloon and assign them a special mission: For one day, they will be Suhoor Helpers!

• They can wake up family members and help set the suhoor table.

What's Your Ramadan Favorite?

Discussion:

• "Can you give a few examples of things you do during Ramadan?"

• "What can we do to strengthen our friendships and help others during Ramadan?"



• After everyone finds their favorite activity in the quiz, let them compare and discuss.

Activity:

• Create a "Good Deeds" board in the classroom. Throughout Ramadan, let students add their good deeds. Reflect weekly on how the board fills up!

Diary of Layla

Pre-Reading:

• Summarize Layla's week: "Just like you, Layla is welcoming Ramadan and sharing her fasting and Ramadan memories with us!"

• "Are you excited to hear about Layla's Ramadan experiences?"

• "Layla's mother says Suhoor is not just about filling your stomach. What else makes Suhoor special?" (Because it's about preparing your heart and mind.)

Discussion:

• "Layla has three wonderful Ramadan goals. Can you name them?"

• Talk about Layla's Taraweeh experience and Laylatul Qadr.

• "One evening, Layla goes to the mosque to pray Taraweeh. There, the imam talks about a special night

DIARY OF LAYLA By Marzieh Abbas Art by Olga Surina

aturday, March 1st, 2025 mason has officially started, and last phr was our very first Subhori Hama ake neu gwhile invas still dark, and umbled into the kitchen half-asiere. Same as streage there: suffing has rece with

and the second s

on three things: Designing Hamas with Hiter severy damp (without neaking stracks adap, neaking last are the datast). 2. Doing at last one good deed every damp the sharing on get an update strik hada are clearing og Jamit ness: Barl and barl at sample **Barton**. 3. Henerstrike a date transk. Barla seps het dap ne with hat new. Doi, and agets shart? I ber nungad het for surg stork dard? I ber nungad het the sample strike the strike the set in the strike strike store store the set of the store.





Friday, March 22nd, 2025

Tonight was one of the most special nights of Ramadani With only a few days left, Baba took Sarri and net o the maxild for Tarawih prayers. Mama says the last fen days of Ramadan are extra special because they're filled with blessings and the chance to are





called Laylatul Qadr. What do you know about this night?"

Activity:

• "Do you have any Ramadan goals? If you haven't written them down yet, let's fill our Ramadan journals!"

This month's recipe is Cheesy Baked Macaroni, a delicious, cheesy pasta dish baked to perfection!

Do you know which country

is famous for macaroni? (Italy!)

A brief history:

Macaroni is a type of pasta that originated in Italy and has been enjoyed for centuries. It became especially popular worldwide because of its versatility and delicious taste.

What's your favorite pasta dish?

Have you ever tried Cheesy Baked Macaroni before?

Find It If You Can

Discussion:

• Explain: "In different parts of the world, cities and streets are beautifully decorated for Ramadan."

• "This is Oxford Street. Can you point out the Ramadan decorations you see?"

• "Why do you think mutual respect among people of different religions and cultures is important?"

Content Guide

5

• Point to the cameramen in the top left of the picture.

• "What kind of video do you think they are filming?"

Ramadan Letters: Letters from Around the World

Pre-Reading:

• "Do you know which other countries celebrate Ramadan besides here?"

• Introduce that they'll read letters from Atlasians in four different countries.

Discussion:

• "What are the similarities between their traditions and ours?"

• "Have you ever tried any of their favorite Iftar dishes?"

• "What is your favorite Iftar meal?"

Activity:

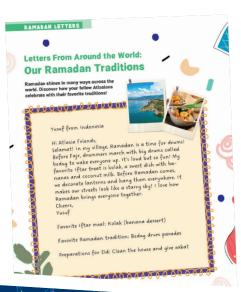
- Give each student colorful paper and ask them to write their own Ramadan letter.

 Invite them to send their letters to the email on the page to share with Atlasians around the world!

Dhikr, Fikr, and Shukr: Your Ramadan Superpowers

Pre-Reading:

- "In this section, we will learn about three amazing



DHIKR, FIKR, AND SHUKR YOUR RAMADAN SUPERS

Did you know that Ramadan is a time when we can level up our connection with Allah? This special month iari just about fasting—it's about using three powerful tools to make our hearts grow: Dhike, Fik; and Shukr. Think of them Ramadan your best one yet.



tools. Does anyone know what Dhikr, Fikr, and Shukr mean?"

Discussion:

• Dhikr: "When can we say Subhanallah? What things can we say it for?"

• Fikr: "Why is reflection important? Let's reflect on things we see every day."

- Shukr: "Can you name three things you are thankful for?"

• "What are three everyday things we should be grateful for?"

Activity:

• Create a Ramadan Thank You Jar for the class.

• Students will add notes with things they are thankful for during Ramadan.

• Occasionally read the notes together to reflect on gratitude.

Ramadan Alphabet

Discussion:

• Highlight and explain concepts such as Zakat, Tarawih, Suhoor, virtue, etc.

Activity:

• Ask everyone to read the part related to the first letter of their name.

• Then have them find something new related to a friend's name.



6

- Invite them to share what they discovered aloud.

On Saturday, Layla's school had a parent-teacher meeting, and before that, the students had to clean up. At first, they thought it would be boring, but Layla came up with a fun idea!

The Crescent's Ride

Discussion:

• "Who is the narrator in this text and what are they saying?"

• "Which Ramadan traditions are mentioned in the poem?"

• "How does Saif compare the moon and Ramadan?"





SHARE YOUR ATLASIA MOMENTS WITH US!

Show us how you read, craft and have fun!

Submit your videos andentries to the magazine: editor@atlasiakids.com



Contact & Subscriptions: To order, make a payment, change your address, or for other customer services, please contact us: Online: www.atlasiakids.com • Email: info@atlasiakids.com • Call: +1 (201) 554-1020 • Write to: 2 University Piz Ste 100, Hackensack, NJ 07601-6210.

Subscriptions: Institutional \$49.95 • Bulk rates for schools available. • Prices may be subject to taxes and shipping rates.

CAtlasia Kids magazine is a trademark of Atlasia, 2023. All rights reserved, including the right of reproduction in whole or in part, in any form.

Designed for classroom and home use. Address manuscripts and other editorial contributions to the editors. Include a self-addressed stamped envelope for our reply only; manuscripts will not be returned. All letters and competition entries are assumed for publication and become the property of Atlasia. Authors are responsible for all statements made in their work. No part of this magazine may be used or reproduced without prior written permission of the publisher. For information regarding our privacy policy and compliance with the Children's Online Privacy Protection Act, please visit our website or write to us.